

# INSIDE GOSSIP

Issue 51     *A QUARTERLY NEWSLETTER FOR THE KOOLOORA COMMUNITY*

WINTER 2017

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## Kooloora editorial



We are now officially in the extension period of the FACS funding reform with some changes and adjustments for Kooloora on the horizon. We expect the program delivery to continue with only minimal changes.

One new program will commence later this year. "Learning Android, IOS and PC" was funded by the Department of Housing to deliver free computer and tablet classes at Kooloora. The Department of Housing has also generously funded the purchase of an Air Hockey and Fussball tables for Kooloora to enhance the participation and social engagement of the youth in and around Bilga Crescent.



## **Green Gym: Improve your health and the environment**

From August 21<sup>st</sup> a new nature-based health and wellbeing program will be offered to residents aged between 50 and 80 in Sydney's eastern suburbs.

This free program is called ***Green Gym: where health and fitness meets conservation.***

What is Green Gym? Imagine a fun and free outdoor program where participants are guided in practical conservation and gardening activities that will help transform parks and gardens for the community to enjoy.

Each session runs for three hours and includes transport to/from the Green Gym location from a central meeting point.

Weekly morning (10am-1pm) and afternoon sessions (1.30pm-4.30pm) are offered:

*Mondays – Centennial Parklands*

*Wednesdays – Randwick Community Centre & Environment Park*

*Fridays – La Perouse, Bicentennial Park.*

Bookings are essential and can be made by contacting CVA's Sydney Office on (02) 9331 1610 or [sydney@cva.org.au](mailto:sydney@cva.org.au)

# **Join us for a working bee day in Kooloora Community Garden!**

***FREE sausage sizzle for all helpers***

## **Friday October 20th 2017 10-12pm**





### **SPEECH & LANGUAGE INFORMATION SESSION**

Information for parents/carers of children 0-3 years old on speech development, bilingual language in kids, screen-time advice & more!

Held by Speech Pathologists from Sydney Children's Hospital at Kooloora on:

**WED 20th Sep 11:30am-1:30pm**

(please book as places are limited.

Child-minding is available)

*Call Kooloora on 9661 9160 in order to book.*



### **Having trouble paying your electricity or gas bill?**

EAPA Scheme helps people experiencing a short term financial crisis or emergency to pay their electricity or natural gas bill. The scheme helps people stay connected to essential energy services during a financial crisis.

Run from Kooloora every TUESDAY  
0930am-1230pm

(school term only).

No appointment required.

## **You are invited to Kooloora Community Centre**

### **ANNUAL**

### **GENERAL MEETING**

## **Monday 18TH September 1pm at Kooloora**

**We hope to see you there**



# VACATION CARE

## COORDINATORS REPORT JULY 2017

The July Vacation Care program operated from the 3rd of July to the 14th of July, 2017. We welcomed three new families; 6 new children with a **total of 56 on the roll**. Our biggest day was Tuesday 11th, an excursion to Bowling and Laser with a total of 30 children in attendance and a waitlist of 6.

In our two week program we had four excursion days to Bowling and Laser Tag at Fox Studios, Attractivity play arcade, Iceskating at Ice Zoo and a wonderful day at Symbio Wildlife Park interacting with lots of animals. We also enjoyed six in-centre days at Kooloorra ; a games day, an international sports day complete with cookie medals we made ourselves, a colour black day where we had a licorice eating competition and eggplant relay whilst also making blackberry muffins and vegemite scrolls, a girls and boys day, our favourite pizza pyjama party where we made healthy pizzas and we ended our program with a crazy hair disco.



I am always so grateful to the wonderful staff we have at vacation care for their ongoing dedication to the program .Even more so this program as I will be overseas in the second week engaging in volunteer work. I could not have this amazing opportunity without the support of the staff who continue seamlessly each day in my absence.

### ***From the Kids!***

*"My favourite day was iceskating at Ice Zoo because I learnt to iceskate and I am pretty good at it "*

*"My favourite day was Black Day because I won the best dressed competition because I was wearing the most black.... and I chose the day. "My favourite day was the excursion to Symbio Wildlife Park because I got to pat and feed the kangaroos".*

## Soldiers Settlement Upgrade

The improvement works in the common area at the Soldiers Settlement have now finished with a visibly pleasant result. The financing of the project was done through the Community Building Partnership 2016 and facilitated by Randwick Council Community Development staff.

The new looks and the functionality of the common area will bring it up to the standard and will contribute to the increased communal use of the area.



## Kooloora grants

Kooloora was successful in securing a grant from Randwick Council. The funds, amongst other things, will enable the introduction of a Kooloora Shopping Bus service later this year. The Shopping Bus will collect people from around Bilga, Namatjira and Mirabooka and take them to the shops and back.

A big thank you to South Sydney junior Rugby League Club for awarding a grant to Kooloora to be able to provide free places to disadvantaged families in Vacation Care.

Also thank you to Coogee Diggers for helping Kooloora with a grant to continue to deliver our Inside Gossip newsletter as a valuable information platform for the community.

## Free access to computers and printing at Kooloora

Just a reminder to everyone who needs a quick access to internet and printing facilities. Available to all members of the community free of charge, funded by the Department of Families and Community Services.





**Are you a tenant? Does your flat need repair? Are you having problems getting repairs done?**

If you are a public housing tenant, **Housing NSW** is your landlord. Your landlord must make sure that your home is in a **reasonable state of repair**, both when you move in, and during your tenancy. However, your landlord does **not** have to repair damage that was caused by you (either on purpose or accidentally), or to do any renovations on your home. Housing NSW will need to make sure the repairs are done within a **reasonable time**. What is a reasonable time will depend on how urgent or serious the repairs you need are. If Housing NSW tells you a time the repairs will be done by, but then the repairs are not done, or you think the time they say is unreasonable, you can **send them a letter**. The letter should say your job reference number, when you called, when they said the repairs would be done by, and what has or hasn't happened (or why the wait time is too long). If you are still having problems, you can always call Kingsford Legal Centre for help on 9385 9566 as you may have the right to make an application to the Tribunal to make sure the repairs are done.

If you are a tenant and are having problems getting your landlord or Housing NSW to make repairs, lawyers from Kingsford Legal Centre can give you advice for free. Come to **Kooloorra Community Centre** on **Friday, 15 September** from **10am to 1pm**.

You don't need an appointment – just come along, and bring any **paperwork** you have about your problem (if you have any).





Gentle Exercise is a great class for seniors with mobility restrictions or injuries.

The class is tailored to suit your level of need, whilst providing a great space to meet others and interact. Free community transport is available.

**To book please call  
AIM (Active, Involved,  
Mature) for Fitness**

**on 9382 8131.** Aim is A community based education and exercise program for older women and men 60 years of age and over who would like to be more active. AIM runs many wonderful programs from Kooloora every week.

## OUR COASTAL WALK

The completion of a continuous Walkway from Clovelly to La Perouse is progressing with many new sections of the walkway now completed and other sections at different stages of planning and construction. Be sure to head to



Randwick City website for details on where you can walk and at what times the walk is open as due to the Rifle range times may vary.

Current completions are from Clovelly to South Coogee, Maroubra to Malabar and La Perouse to Little Bay. With the weather starting to slowly warm-up, this might be a great time to go exploring before the busy season hits.

## *IT'S SPRING TIME IN THE COMMUNITY GARDEN*



The Kooloorra Community Garden is starting to bloom after this long winter, yet it needs extra hands to help it grow!

The garden is open to public, or if you have children you can join our free Garden Circle Tuesdays 0930am.

Contact us for further information! (contact details on front page)

## ***VEGED OUT!!***

Fruit & vegetable co-op: Receive a bag full of fresh produce, plus baked bread for \$12.00! Contact Kooloorra to join in (contact details on front page)

